

United Methodist Celebrates Recovery

NEWS, PAGE 3

The Rev. Nancy Childress, left, and Amy Miller are making Great Falls United Methodist Church the second church in the county to offer the Celebrate Recovery program. Childress is promoting the program with a series of "All Things New" sermons.

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Tunnel Supporters
Argue Their Case

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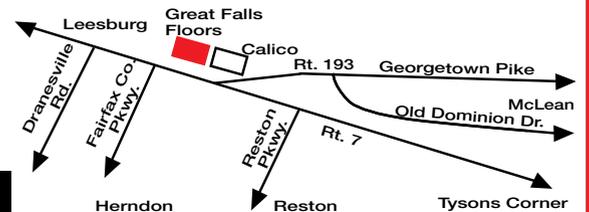
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NEWS

PHOTO BY MIKE DICICCO/THE CONNECTION



The Rev. Nancy Childress, left, and Amy Miller have incorporated the Celebrate Recovery program into Great Falls United Methodist Church's mission. Childress is also incorporating the program's message into a series of "All Things New" sermons.

United Methodist Celebrates Recovery

Great Falls Church introduces new, faith-based recovery program for "hurts, habits and hang-ups."

BY MIKE DICICCO
THE CONNECTION

The Celebrate Recovery program is new to Great Falls, but not to a 31-year-old resident who asked to be identified as Julia.

She was just as surprised to see some of the program's books sitting in Great Falls United Methodist Church Pastor Nancy Childress' office as the pastor was astonished that Julia recognized the material.

Two weeks ago, Great Falls United Methodist became the second church in the county to offer the program that Julia had attended in her hometown four years earlier. It was just coincidence that she had started attending the church after moving into the area over the summer, she said. "I'm not even a Methodist. It's crazy. I had never been to a Methodist Church."

Celebrate Recovery, now offered in about 5,000 churches around the country, is based on the traditional 12-step program pioneered by Alcoholics Anonymous but, unlike AA, relates its teachings explicitly to

biblical scripture.

"The good thing about it is, it brings the Word of God into it and that is healing," Julia said.

THE PROGRAM was started 17 years ago at California's Saddleback Church by Pastor John Baker and Pastor Rick Warren, the minister who recently gave the invocation at President Barack Obama's inauguration, said Amy Miller, chair of Great Falls United Methodist's Worship Focus Area.

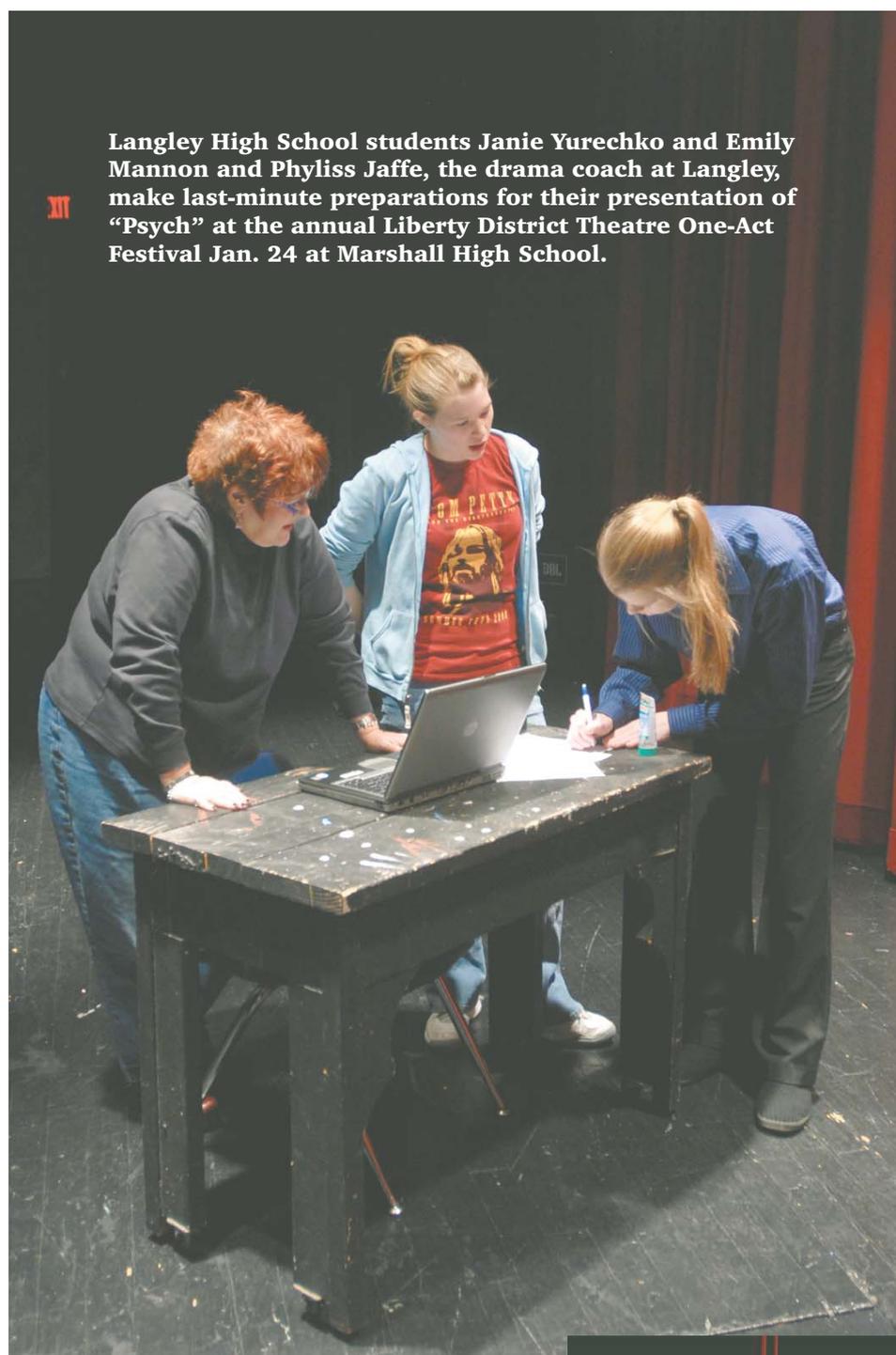
About a year and a half ago, she said, her church had combined its two traditional services into one Sunday morning service, with the promise that church leadership would look into other types of

contemporary worship that would serve not only the congregation, but also the larger community. Childress heard about Celebrate Recovery and a group from the church attended a seminar on the program in June. They brought back videos and information, "and we decided that was where

"The good thing about it is, it brings the Word of God into it and that is healing."

— "Julia"

SEE EIGHT STEPS, PAGE 4



Langley High School students Janie Yurechko and Emily Mannon and Phyliss Jaffe, the drama coach at Langley, make last-minute preparations for their presentation of "Psych" at the annual Liberty District Theatre One-Act Festival Jan. 24 at Marshall High School.

One-Act Festival Held at Marshall High

PHOTOS BY ROBBIE HAMMER
THE CONNECTION



Theatre students from Marshall High School do some prestage rituals before competing in the annual Liberty District Theatre One-Act Festival, Jan. 24, at their school.



Kelsey Kolbe, a drama student at Marshall High School, makes her appearance on stage for the school's presentation of "Reflex Action" during the annual Liberty District Theatre One-Act Festival, Jan. 24, at Marshall High School.



Boy Scouts Receive Eagle Awards

Joseph Kiffe and Michael Lillie of Boy Scout Troop 55 in Great Falls received their Eagle awards at a special ceremony Jan. 4, at Christ the King Lutheran Church in Great Falls. Both boys are juniors at Langley High School. In Troop 55, they have earned the required 21 merit badges, have held various leadership positions and recently participated in a high adventure trip to Philmont Scout Reservation in the mountains of New Mexico. They are shown at their ceremony surrounded by parents and grandfathers.

Chinese New Year Celebrated



David Lo, co-owner of the Peking Imperial Restaurant in McLean, spreads the green around for good luck during Chinese New Year activities at the restaurant on Sunday evening. The "Eating of the Green [lettuce]" symbolizes money and is chewed by the lion to remove the bad luck then is spit out, spreading good luck all around.

PHOTOS BY
ROBBIE HAMMER
THE CONNECTION

The traditional Chinese Lion Dance is performed as part of Chinese New Year activities for customers at the Peking Imperial Restaurant on Sunday night in McLean.



The customers enjoy traditional Chinese Lion Dance.

Eight Steps to Recovery

FROM PAGE 3

God was leading us," Miller said.

Until now, Calvary Road Baptist Church in Springfield has been the only church in the county to use the program. "That's another reason I think we were looking at this, because it's so unique, but it fills such a need," Childress said.

One thing Julia said she liked about the program was that it served people with any number of difficulties. While she came to Celebrate Recovery having attended Alcoholics Anonymous, she said, others there were workaholics, shopaholics, people grieving or going through a divorce and others.

The reason for attendance could be "anything that disconnects you from God," said another group member who asked to be identified as Brian.

ANOTHER VETERAN of Alcoholics Anonymous, Brian said he appreciated what he considered the reincorporation of Christianity into the traditional 12 steps. While AA was founded on Christian principles, and the parallels between the organization's Big Book and the Bible are many, he said, the group professes to be nondenominational and encourages members to put faith in a "higher power" of their own understanding.

In fact, Celebrate Recovery relates each of the 12 steps to a corresponding Bible verse.

In Alcoholics Anonymous and its offshoots, Brian said, "there are people who have a higher power that's the table across the room and that's kind of blasphemous when you consider the origins of the program."

However, he said AA was the best way to find sobriety. "I love AA. I am eternally indebted to AA," he said.

Childress characterized Celebrate Recovery as a supplement to the established 12-step programs. "We're not competitive," she said.

Julia emphasized the importance of attending meetings and support groups specific to one's own predicament. "You get a lot of strength and hope from a room full of people who are having problems like yours," she said, noting that Celebrate Recovery was not to take the place of other programs. "Celebrate Recovery is just like the icing It wouldn't have worked for me if I'd done it first."

The program has eight steps, based on the eight Beatitudes taught by Jesus in the Bible. They are teachings, such as, "Happy are the meek," that may seem contradictory in today's culture, Childress said. "Most people would say, 'Happy are the proud and boastful.'" However, she said, these lessons are empowering because they teach how to turn oneself over to the will of God. "We need to know there's a creator out there

SEE JOYFUL, PAGE 14

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NEWS

Tunnel Supporters Argue Their Case

For group's members, tunnel is an election priority in Chairman race.

BY MIKE DICICCO
THE CONNECTION

Tysonstunnel.org wants to hear plans for burying the coming Rail to Dulles under Tysons Corner, and the group will encourage its members to vote accordingly in the upcoming election for county chairman, said Scott Monett, the organization's president.

Though the crowd at a press conference at Habatat Gallery in Tysons Corner Monday afternoon was not large enough to fill a room, the people present represented tens of thousands of potential voters.

Tysonstunnel claims membership of 96 civic organizations, comprising more than 300,000 voters, as well as almost 1,000 businesses, and it is ready to throw its weight around during the lead-up to the Feb. 3 special election between Democrat Sharon Bulova, Republican Pat Herrity, and independent candidates Carey Campbell and Christopher De Carlo, Monett said.

Any communications from candidates on the topic will be broadcast to all members, he promised.

Rob Jackson, president of the McLean Citizens Association (MCA), which represents about 26,000 households in the greater McLean area, said the people he represented supported the idea of a rail to Dulles but preferred by a two-to-one margin to see no rail than the elevated rail that is currently planned.

Businesses in the area are already suffering, as utility relocation projects making way for the rail and the construction of HOT lanes on the Beltway have caused traffic difficulties, he said. "What's going to happen to businesses and residents of this area if you're building an elevated line for years?" Jackson asked. "It's like reconstructing the Berlin Wall. You're splitting communities instead of bringing them together."

Jackson said the push to have the contract put back out to bid with a tunnel option had received enthusiastic support from Supervisor John Foust (D-Dranesville), State Sen. Chap Petersen (D-34) and even Del. Dave Marsden (D-41), although his constituents do not live near Tysons Corner. He said he wanted to hear each of the current candidates' plans for the rail, rather than claims that it was



PHOTO BY MIKE DICICCO/THE CONNECTION

From left, Vienna-Tysons Regional Chamber of Commerce President Diane Poldy, Westbriar Civic Association President Jack Mitchell and Roger Diedrich, chair of Smart Growth and Transportation for the Virginia Chapter of the Sierra Club, listen to Tysonstunnel.org President Scott Monett discuss the organization's scrutiny of the current chairman's race.

"Why use horse-and-buggy technology in the 21st century?"

— Irv Auerbach, Lewinsville Coalition president

too late to re-plan the project.

With federal funding already secured for the rail, a presidential administration that is "focused on infrastructure and transportation," and a new county chairman coming in, the time is right to take another look at the possibility of burying the rail, said Vienna-Tysons Regional Chamber of Commerce (VTRCC) President Diane Poldy. "What we want is a chance for a tunnel to stand side-by-side with elevated rail to get a fair look," she said.

Westbriar Civic Association President Jack Mitchell said the Vienna-area residents he represented "overwhelmingly" supported the "minimal visual impact" of an underground rail through Tysons Corner, as opposed to the "noisy, dirty eyesore" that an elevated rail would present.

Representing the Lewinsville Coalition, an alliance of 12 McLean neighborhood associations, Irv Auerbach said his neighbors looked forward to the rail being built. "What we do not look forward to is having the Metrorail built on stilts," he said, adding that this was how rails were built generations ago. "Why use horse-and-buggy technology in the 21st cen-

ture?" he asked.

"Our community almost unanimously voted for the tunnel option," said Melissa Dabney, vice president of Vienna's Tysons Green Civic Association.

Roger Diedrich, chair of Smart Growth and Transportation for the Virginia Chapter of the Sierra Club, said he did not believe that burying the rail would cause the project to be postponed, lose federal funding or cost more. He said the Sierra Club had already endorsed Bulova for county chair but hoped she would take a stand on the tunnel issue.

"We don't just want promises, we want action when they do get elected," cautioned past VTRCC Chairman Billy Thompson. He said he wanted the rail built as part of a vision that would serve future generations. "We need to get it right, and get it right the first time, because there is no second chance," he said.

Following the press conference, Monett dismissed the oft-repeated concerns that re-planning the project could cost its federal funding and cause years of delays. "We don't need fearful leaders," he said.

Monett said he had spoken with officials in the Federal Transit Administration and U.S. Department of Transportation, as well as lawyers, lobbyists and elected officials at all levels of government. "They've all said, 'It can be done. All you have to do is ask.'"

"Nobody's been able to give me a good reason why this can't be done. It's just that the people who can do it aren't doing it."

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OPINION

Major Party Candidates Plea Their Cases

Why Vote for Bulova?

BY SHARON BULOVA
DEMOCRATIC CANDIDATE FOR
CHAIRMAN OF THE BOARD OF
SUPERVISORS



Bulova

In my years as a member of the Fairfax County Board of Supervisors, I have had the opportunity to meet and work with many people from all parts of Fairfax. I am gratified that people tell me that they have chosen to live here because they enjoy the excellent schools, exceptional public safety, and first rate business climate. They tell me that realize that is a good place to live, work, raise a family and grow old.

In the upcoming Feb. 3 election for the Chairman of the Board, the most important message that I hear from voters is that they realize the good things about Fairfax County haven't happened by accident. Voters know that we are one of the best managed jurisdictions of our size in the country because we have had public leaders who have paid attention, set priorities, made the tough decisions, and demanded quality in all that we do.

In the 21 years, I have served on the Board, I have chaired the budget committee for 17 of those years. I know that our budget is our most important statement of our values. We can say we are for something, but it we aren't willing to put resources there, we are misleading. I know that building the annual budget is a constant quest for the best balance between revenue and expenses. We have a AAA bond rating, and we also have schools that rank among the very best in the United States. We have welcomed diversity as a great asset, even though that same diversity has challenged us and sometime cost us more to provide the services people here need and de-

IN HER
OWN
WORDS

mand. We have worked hard to find the right balance.

Voters know that our Board works best when we work together. I have a long record of reaching "across the aisle" and working with people from all parts of the county to build consensus about priorities. Voters know that I have been a leader in developing new ways to get public input, connect public and private resources, and improve the quality of life for everybody.

Voters know that in the past I was one of the most consistent advocates for mass transit to help relieve our traffic mess. I was one of the early sponsors of the Virginia Railway Express (the VRE) and have spent the last ten years as an advocate for rail to Dulles.

Voters know that as Chairman of the Board, I will continue that civil consensus-building open and honest approach. I won't walk away from a problem because it is hard or because I didn't get my way. I will be the leader of the Board and will set the agenda, but I will always respect those who disagree.

Respectfully, I ask the citizens of Fairfax County for your vote on Feb. 3. I pledge that I will always work to keep Fairfax the place where people will want to choose to live, work, and play.

Vote Feb. 3

All Fairfax County polling places will be open on Tuesday Feb. 3 for the special election for Chairman of the Board of Supervisors to replace Gerry Connolly.

Why Vote for Herrity?

BY PAT HERRITY
REPUBLICAN CANDIDATE FOR
CHAIRMAN OF THE BOARD OF
SUPERVISORS



Herrity

Campaigns are about highlighting differences, but I am confident we can agree on one thing: Fairfax County is a great place to live. For decades we have had the best schools and beautiful parks. We've had a Triple-A bond rating since 1975, and we have been the economic engine for the state.

Yet our future success is not pre-ordained. We currently face significant challenges. Most pressing is our \$650 million shortfall, the largest in our history and larger than all of our surrounding jurisdictions combined. We face this shortfall despite the fact that taxes on homeowners have doubled in the past seven years. County spending has exploded, growing the budget by a billion dollars beyond inflation and population growth, squandering the good times on misplaced priorities.

We've spent \$200 million in the past two years to buy government housing and have built a large housing bureaucracy that makes us among the largest landlords in the County. We're subsidizing housing for those making \$99,000 a year.

At the same time, our schools are in dire need of renovations and class sizes continue to increase. Teacher pay has dropped from highest in the region to sixth highest. Despite this, the School Board, with my opponent's support, wants to spend \$130 million on a fancy administration building.

Fairfax County needs a leader with tested financial skills, who knows how to read a balance sheet, how to say "no," and who will focus spending on priorities. I am a chief financial officer with an award-winning financial track record of turning around troubled companies. I am the only candidate for Chairman with the financial experience necessary to lead us out of this financial train wreck.

I am also a recognized leader in transportation. I sit on the operations board for VRE, and was leading the effort for telecommuting with the Northern Virginia Technology Council before telecommuting was an accepted concept. On the Board, I have led

IN HIS
OWN
WORDS

the efforts for both short-term and long-term improvements to the I-66 corridor.

Contrary to my opponent's accusations, I did not attempt to block the Dulles Rail project. In 2002, I filed suit against the project in order to ensure it was competitively bid, in an effort to save taxpayer money. To date, the project has never been competitively bid. I believe if it had, we would have been able to build a tunnel, the best option for Tyson's Corner, and still have met federal cost standards.

We can't afford to wait for Richmond to solve our problems. Thirty years ago when my father, Jack Herrity, was chairman of the Board, private-sector funding for transportation outweighed federal, state and local funding combined. Developers were held accountable for infrastructure improvements. We need to return to this kind of responsible leadership and creative solutions.

We also need to make our commercial tax base a priority. The commercial tax base was 27 percent but has now fallen to 17 percent, shifting the tax burden onto homeowners. It is important now more than ever for government to be responsive to the need for tax relief for residents. That is why last year I proposed a balanced budget that included an actual tax cut for homeowners. My budget also included an increase in education spending and more money for public safety programs than the budget passed by the Board.

I want my children to raise their children in a Fairfax County that is the best place to live, work, and play. I ask for your vote on Feb. 3.

Write

The Connection welcomes views on any public issue.

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OPINION

Pace Picks Up in Richmond

BY MARGI VANDERHYE
STATE DELEGATE (D-34)

After two weeks, the Virginia General Assembly has completed nearly one-third of its 46-day "short session." Well over 2,000 bills have been introduced in the House of Delegates. Committees have hefty agendas at each hearing so that members can vote to "report" bills to the full House or to reject them. Sadly, a well-publicized proposal to adopt nonpartisan redistricting of legislative districts was an early victim of such committee action, so once again the full House will not have a chance to vote on this sensible and popular bill.

MY OWN BILLS will be heard this week and next. They include proposals on energy efficiency and development of renewable fuels; on treatment for breast and cervical cancer for underserved women; and on streamlining our technology boards to provide better advice on state technology policies. Decisions on all bills in the House and Senate must be re-

solved by Feb. 9 when they "crossover" to be considered by the other legislative body.

The agenda this session will be dominated by budget amendments to address the state's \$3 billion shortfall and by environmental and energy bills. Discussions on these issues are already contentious, because legislators have very different priorities about what to protect and what to cut in the budget. I believe we must protect, to the fullest extent possible, funding to educate our public-school students. Cuts to education, wherever possible, should be temporary, based on year-to-year budget conditions. I also believe that we can and should ask smokers to pay a portion of the \$400 million annual health cost of smoking-related illnesses by adding 30 cents to the cigarette tax, raising it to 60 cents per pack, about half the national average. The responses I have received to my constituent survey support these views. If you would like to share your own thoughts, please see my Web site at



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REPORT

www.vanderhye.com. I look forward to hearing from you.

THIS LEGISLATIVE SESSION can and should address critical priorities like our budget shortfall and future energy policies that will lead to job creation. Your views are very important to me — and very helpful — as we debate these

issues, many of which have no easy answers. I continue to support measures to close the gun-show loophole, to protect our state employees from discrimination and to extend to our veterans the support and thanks they deserve for their service. I do not favor using constitutional amendments to embellish laws that already exist, nor do I embrace narrow social agendas that distract from the essential task of providing good government to all the people in the commonwealth.

We legislators should make our decisions according to the values we cherish on behalf of the people we serve. Ultimately, that is what "politics" must be about.



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A Time To Sleep?

Parents share some of the challenges of getting students up before dawn to go to school.

The Fairfax County School Board is considering changing school start and dismissal times, in part to streamline transportation schedules and costs, and in part to consider a later start time for high school students.

No decision has been made on changing the bell schedule. The School Board will seek input from parents, staff and community members through six community dialogues in planning stages for the last week in February plus a survey that will be posted on the schools Web site the first week of February.

Members of a grass-roots parent organization, SLEEP (Start Later for Excellence in Education Proposal) have been advocating for a later high-school start time for years, arguing that scientific research shows that early start times are unhealthy for most teens. SLEEP organizers asked some of their supporters to share their experiences with the current high school start times; here are some excerpts. For many more submissions from parents, see www.ConnectionNewspapers.com

For more on start times, see www.sleepinfairfax.org and www.fcps.edu.

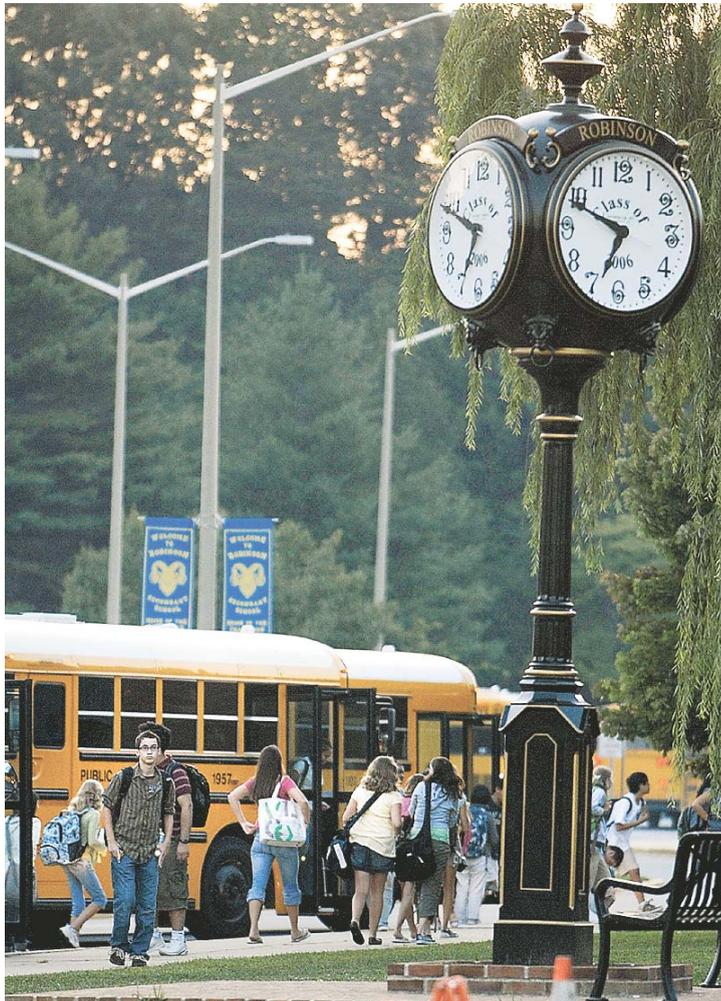
MARSHALL

Our daughter graduated in 2003 with a full IB diploma from George Marshall High School. She also participated in their theater program and loved to dance at a private studio, although the time devoted to that was cut back to almost nothing by the end of high school. She loved freshman year, but her enthusiasm for school went steadily down as she gradually became more and more tired.

She did get through but decided to postpone college for a year because she just couldn't face the thought of four more years like the previous ones. She had trouble believing us that college would be easier ... 15 hours of class a week, not the 30 hours that high school is.

She usually left the house before 7 a.m. and got home at 7 p.m. after theater practice, had dinner, and then had three-to-four hours of homework. It was a grueling schedule. Several years after graduation, she was going through papers that she had saved and spent some time re-reading them. She was amazed and disappointed to realize that the quality of her work declined during the four years. The papers she had written freshman and sophomore years were much better than the work from the last two.

— **Carol Powell**, Marshall Parent



Robinson students on the school bus before 7 a.m. in this undated file photo.

SLEEP AND MY FAMILY

At the beginning of the new school year, my son (who is a total night owl) caught the flu. We battled that flu for over eight weeks because his body was so stressed from having to get up at 6 a.m. to catch the bus. More than once, I sent him out the door crying and begging to be allowed to get more sleep. He was going to bed at 8 p.m. to try to get enough rest, but his body ... would not fall asleep until 10 or 11. We were both miserable. Finally, I decided to just drive him in to Longfellow every day so he could sleep until 6:45. He still can't handle food at that hour, so he drinks a large cup of milk. Since I have been driving him he has not been ill, his mood has lightened. ... I want to emphasize that he really tried to get to bed early enough, to the point of getting anxious about every minute he was awake. He would get completely stressed out about not sleeping and not having any time to relax because he was too tired to do his homework efficiently.

Allowing him to sleep in would make a huge difference in our lives.

— **Lucy Cliburn**, Longfellow parent

SLEEP DEPRIVATION AND MY DAUGHTER

There is absolutely no question that my daughter, a junior at McLean High, is prevented from achieving her scholastic best

with the lack of sleep she receives Monday through Friday. Particularly as a young lady, she needs one hour to shower, dress and eat breakfast. To catch the morning bus, including the 5-minute walk to the bus stop, requires her to be awakened at 5:35 a.m. Her growing body, based on all I've read and feedback from physicians, needs more sleep to develop properly and be awake and ready to face her first class. The volume of homework has her working until 10 p.m. at a minimum, with 11 p.m. being more typical. Taken with the time it takes to fall asleep, she receives, perhaps, 6.5 hours of sleep per night. This is much too little. ... My son starts high school next year. Let's give all the students a chance to do their best during these most important years.

— **Bill Dunn**, McLean

ELEMENTARY CHILDREN WAKING EARLIER

I have a story regarding the school time conflict. Perhaps it is the opposite of most stories you are hearing. My children are in elementary school. They are 7 and 9-years-old. They awaken every single morning

before 6:30 a.m. This is a problem for my husband and me. But, the more significant problem is the fact that their bus does not come to pick them up until 8:45. They have more than two hours in the morning to play, watch a little TV, eat breakfast and get dressed. In the afternoon, my young children come home from school at 4:30 p.m. It is practically dark out when they get home so there is no time for playing outside. I would love for them to be on the bus at 7:30 and home before 3:30.

— **Melissa Sporn**, McLean, parent of a Franklin Sherman (first grader) and Haycock (third grader)

COUNTING ON FLEXIBILITY

Our older son, now 16, has been tired and often sick since he was 11-years-old and his junior high bus started coming at 5:58 a.m. I'm astounded that in an intelligent, well-educated community like Northern Virginia, people can't see how very early school start times put our students at a terrible disadvantage at a critical time in history. The excuses given for not making the changes to get our kids more sleep are pitiful. If we set junior high and high school start times later, people will adapt. Give us a little credit for that best human quality — flexibility!

— **Ella Wilcox**, McLean High School

WALK IN THE DARK

Our daughter is an eighth grader at

SHARE YOUR THOUGHTS. EMAIL MKIMM@CONNECTIONNEWSPAPERS.COM

Kilmer Middle school (GT Center), and this year her bus arrives at 6:40 a.m., a far cry better than last year's 6:14 a.m. As the first pick up for both years (and the only pick up at that stop), we have to walk in the dark about a quarter of a mile to the bus stop. While this year's time is much more manageable, there are only four kids who ride this bus (full-size), making me question the cost and environmental efficiency of this plan. Last year, we were up at 5:30 a.m. to make the 6:14 bus, which meant that if she wasn't in bed by 9:30 p.m., she was exhausted (as were we) the next day. These times are compounded by two things. One is the time that school starts (7:25 a.m.) and two is the area for the GT Center. One of the reasons that her bus has only four students on it this year is that we were grandfathered into Kilmer last year, while beginning this year Vienna GT seventh graders are assigned to the Luther Jackson GT Center. Our son (currently in fifth grade) will go there and the bus issues will be the same, given that Luther Jackson is even further away than Kilmer.

The other issue we deal with is that our son's elementary school (Sunrise Valley Elementary — again, our GT center), begins school at 9:10 a.m., meaning that he doesn't even need to get up until 7:30 or later even though he is generally up before that time. If elementary schools generally started earlier, it would lessen the need for split before/after school care.

— **Barbara Rudin**, Kilmer, Sunrise

FALLING ASLEEP IN CLASS

As a mom of a sophomore at Annandale High School, I have seen the difficulty that early morning starts have on teenagers. There have been numerous times that my daughter has reported falling asleep in class and somehow she has managed to maintain good grades in spite of the lack of sleep. It makes more sense to have the younger children catch the bus earlier and let the older teens catch the bus later.

— **Sallie Williams**, Annandale High School

TOO EARLY

I'm writing to express my family's support for later start times for high school students. I was aware of this task force when my daughter was in elementary school and was hoping the times would have changed by the time she got to high school. She's now a ninth grader at Edison High School.

The bottom line is the school day starts way too early for high school students. My daughter, as well as my husband and I all struggle to get up early — me at 5:30 a.m., my daughter and husband shortly thereafter. ... We all suffer from sleep deprivation during the week, which is unhealthy.

— **Tricia Selby**, Edison parent

Area Inaugural Ball Attracts Local, National Crowd



Congressman Jim Moran (D-8) visits with attendees of the Virginia Inaugural Black Tie and Blue Dominion Ball at the National Air and Space Museum Udvar-Hazy Center.



People from all over the country including area dignitaries and national and local celebrities attend the Virginia Inaugural Black Tie and Blue Dominion Ball Monday night, Jan. 19, at the National Air and Space Museum Udvar-Hazy Center.



Valarae Williams of Reston watches artist Michael Israel create several pieces of art during the Virginia Inaugural Black Tie and Blue Dominion Ball.

PHOTOS BY ROBBIE HAMMER/THE CONNECTION

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101 WAYS TO HAVE FUN

Part four in series of ways to have fun in and around Great Falls.

CATCH SOME TUNES Hear Children Lift Their Voices

6723 Whittier Ave., Suite 404, McLean 703-734-0621
The World Children's Choir was founded in 1990. The choir features children, ages 4-18 years old. Exclusive performances have been before Presidents George W. Bush and Bill Clinton, the United States Supreme Court and on several international and national television broadcasts. Visit www.worldchildrenschoir.org.

Party at Wolf Trap

Wolf Trap National Park for the Performing Arts
1624 Trap Road, Vienna 703-255-1900
Made up of 130 acres of hills and forests, Wolf Trap National Park for the Performing Arts is truly dedicated to the arts. With special acting performances from May through September, along with singing performances, this national park is home to many musicians. Wolf Trap's smaller theaters feature year-round performances, including singing groups, orchestras, bands, musicals and dance groups. Visit www.wolftrap.org.

Lounge at Jammin' Java

227 Maple Ave., Vienna 703-255-1566
What started off as a simple coffee shop slowly budded into a hot music venue, drawing music lovers from all over the metropolitan area. Jammin' Java features live entertainment ranging from rock to soul. All types of music are welcomed. On Mondays, customers are given the opportunity to perform "stand-up style." Open mic night starts at 8 p.m., from Monday through Saturday, and on Sundays, shows start at 7 p.m. Visit www.jamminjava.com.

Stay up Nights at Nottoway Park

Nottoway Nights Concert Series
9601 Courthouse Road S.W., Vienna 703-324-7469
The Nottoway Nights concert series, presented by the county Park Authority and the Board of Supervisors, brings music of all different genres and ethnicities on a weekly basis all summer long. Bring a picnic dinner, blankets and lawn chairs and get experienced.

Listen to the Vienna Community Band

Vienna Community Center
120 Cherry St. S.E., Vienna 703-255-6360
After about three decades of performing, the Vienna Community Band is made up of almost 80 volunteer musicians and performs in several of Vienna's town celebrations including Independence Day and ViVa! Vienna! The band performs a variety of music ranging from rock to jazz.

Live It up Friday Nights

Friday Night Live
777 Lynn St., Herndon
From the beginning of May until the end of August, Friday nights in Herndon are the place to see free live music as the town green, located behind the Herndon Municipal Center on Lynn Street is converted to an outdoor concert hall for the Herndon-Dulles Chamber of Commerce's concert series "Friday Night Live."
Never a cover and always entertaining, the chamber and other local sponsors, including D.C.'s radio station, DC101, bring together some of the region's most promising young acts.
Vendors provide the food and beer and the bands provide the music for this family-oriented local music event. For band lineups and more information, visit www.herndonrocks.com.



PHOTO BY MIKE DiCICCO/THE CONNECTION

On clear Fridays, watch the stars at Observatory Park.

Rock Out at the State Theatre

220 N. Washington St., Falls Church 703-237-7187
Originally opening as a movie theater in 1936, this mid-sized venue includes a full-size restaurant and reserves a few "dinner theater" seats for each of its shows. Music and performances are eclectic, including everything from a touring group of Seattle comedians to D.C. ska band The Pietasters. One of the State Theatre's semiregular acts, '80s tribute band The Legwarmers, is always sure to draw big crowds. Visit www.thestatetheatre.com.

Catch a Cozy Concert

The Birchmere
3701 Mount Vernon Ave., Alexandria 703-549-7500
Many musical acts have found their way to this cozy, indoor listening hall. Mary Chapin Carpenter, Lyle Lovett, Shawn Colvin, Jerry Jeff Walker, Dave Matthews, Vince Gill, John Prine, Emmylou Harris, Linda Ronstadt and K.D. Lang are just a few of the artists counted as friends of the Birchmere. Tickets can be purchased through Ticketmaster or in advance at the box office, from 5 p.m. to 9 p.m., on performance



PHOTO BY JON ATWOOD/THE CONNECTION

A Claude Moore Colonial Farm employee works in 18th century attire.

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Founded in 1990, Artisans is a quaint arts and crafts store with a mission to present a fun and unusual mix of contemporary crafts, jewelry, clothing and gifts with the guiding principles of good design and lasting value. Visit www.artisansofmclean.com.

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SPEND A DAY IN THE PARK See the Stars

Observatory Park at Turner Farm
921 Springvale Road, Great Falls
The Analemma Society hosts viewings of the night sky in Observatory Park every Friday evening, weather permitting. A weather watch is provided on the group's Web site, as is a clear sky clock to closely monitor conditions for viewings each week. On clear Friday nights, the group arrives at the observatory at sunset and stays for about an hour. Visit www.analemma.org.

Mill Around

Colvin Run Mill Historic Site
Great Falls 703-759-2771
This 36-acre historic site includes four buildings — Colvin Run Mill, built around 1811; the miller's home, built around 1809; a late 19th century general store; and the barn and blacksmith shop, built in 1970 during the restoration of the mill. In the general store, examples of merchandise that would have been sold in its time are displayed and the store still sells the grain that is ground in demonstrations at the mill, "penny" candy and "sundries." The barn houses a scale

Potomac River at Great Falls and Riverbend parks with either a Virginia or Maryland state fishing license for all fishermen over the age of 16. Line fishing is allowed, but net fishing is prohibited. Fishermen may not enter the water at any time. Boats and fishing tackle are available for rent at Riverbend Park and fishing birthday parties can be scheduled. Great Falls National Park is at 9200 Old Dominion Drive. Call 703-285-2965 or visit www.nps.gov/grfa/index.htm. Riverbend Park is at 8700 Potomac Hills St. Call 703-759-9018 or visit www.fairfaxcounty.gov/parks/riverbend.

Visit the Ruins

Matildaville, Great Falls National Park
9200 Old Dominion
The Potomack Canal, built by George Washington, gave birth to the town of Matildaville, which was built on the canal and prospered shortly while the canal was in operation. Houses, storage buildings and stores were once built there, but after the canal fell out of use, the town was abandoned in 1830. A few ruins of the town remain, but most of the area has been reclaimed by native vegetation. The remains of the Potomack Canal are still present and run through the center of the park. The Matildaville Trail can be accessed from the visitor center or the Difficult Run Trailhead.

Down on the Farm

Turner Farm
Intersection of Georgetown Pike and Springvale Road, Great Falls
Turner Farm features both educational and recreational activities. With a tot lot, picnic areas, trails, horseback riding facilities and nature observations, this peaceful and tranquil 52-acre park is a great place to spend the day. The park is open from dawn to dusk and there are no entrance fees.

Down on the Colonial Farm

Claude Moore Colonial Farm

6310 Georgetown Pike, McLean 703-442-7557
Take a trip back in time at the Claude Moore Colonial Farm and see how it was done in 1771. Some events include wheat harvesting, summer and fall farm skills programs and book sales. Visit www.1771.org.

Play for Everyone

Clemjontri Park
6317 Georgetown Pike, McLean 703-388-2807
Children with physical or developmental disabilities can play alongside the general population at this park designed to accommodate people in wheelchairs, walkers and braces. The park is open daily from 7 a.m. to dusk. Visit www.fairfaxcounty.gov/parks/clemjontri.

Find Wilderness in the 'Burbs

Scotts Run Nature Preserve
7400 Georgetown Pike, McLean
This 384-acre, hilly, wildflower-riddled tract of riverside woodlands is said to be one of the most beautiful parks in the county. It is also a sanctuary for songbirds and other wildlife.

The preserve, stretching from Georgetown Pike to the waterfalls of the Potomac, has many interconnecting trails, some of which are difficult and require boulder-hopping, while others are flat and easy.

Run at the Marie Butler Leven Preserve

Kirby Road, McLean
This 19-acre area left to the county by Maurice Leven houses an extensive garden with exotic and native plants. This site also acts as a dog park. Near the back of the park, Virginia's historic stream, Pimmit Run, winds and twists throughout. Running trails of diverse landscape and difficulty are also available.

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PEOPLE

Boy Scouts Receive Eagle Awards

Joseph Kiffe and Michael Lillie of Boy Scout Troop 55 in Great Falls received their Eagle awards at a special ceremony Jan. 4, at Christ the King Lutheran Church in Great Falls. Both boys are juniors at Langley High School. In Troop 55, they have earned the required 21 merit badges, have held various leadership positions and recently participated in a high adventure trip to Philmont Scout Reservation in the mountains of New Mexico. They are shown at their ceremony surrounded by parents and grandfathers.



Meeting Celebrities

McLean resident and general manager of the Donovan House, Brett Blass, attended the Creative Coalition pre-event dinner co-hosted by Capitol File magazine at Cha, celebrity chef Todd English's newest dining spot located in the Donovan House in Washington, D.C. The hotel and restaurant was filled with Tinseltown gala-goers such as actors Matthew Modine, Alan Cumming, Alfre Woodard, Wendie Malick, Gloria Reuben, Dana Delaney of television's "Desperate Housewives," actor Josh Lucas, Susan Sarandon, Spike Lee, Rachel Leigh Cook and Tim Robbins.



McLean resident and general manager of The Donovan House, Brett Blass, actress Susan Sarandon and celebrity chef Todd English.



PHOTOS BY ROBBIE HAMMER/THE CONNECTION

MPA Presents 'Cellular Perspectives'

Helene Albouy of McLean, Georgia Corey of Great Falls and Muriel Peake of McLean attended the art show titled "Cellular Perspectives," sponsored by the McLean Project for the Arts on Jan. 23.

♥ Just in time for Valentine's Day!

3rd Annual McLean Jewelry Showcase

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Success usually comes to those who are too busy to be looking for it.

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SCHOOLS

Haycock Team Wins Lego Competition

The team from Haycock Elementary, The Green League, captured the first-place prize for teamwork for the second year in a row at the Virginia/DC regional First Lego League competition. First Lego League is a program designed to challenge students in the areas of science and technology. The Green League advanced to the Virginia state

championship competition in December and won the Teamwork award at this higher competition as well. The team members are Stephanie Do, Maddie Zug, Jeong In Seo, Patrick Do, Alexander Wendt, and JP Stapleton. The team is coached by Nhan Do, Ned Stapleton and Jim Wendt.



PHOTO BY NHAN DO

Patrick Do, Jeong In Seo, Maddie Zug, Stephanie Do, JP Stapleton and Alexander Wendt won the first place at the Lego competition.

SCHOOL NOTES

Send School Notes to greatfalls@connectionnewspapers.com. Deadline is Friday.

Erin Glennon of Great Falls, graduate of Thomas Jefferson

High School for Science and Technology and daughter of Sarah and Jim Glennon, was named in her freshman year to Columbia University's Dean's List for the fall semester in the 2008-09 academic year. Students must earn a grade point average of 3.5 or higher on a scale of 4.0 to receive Dean's List recognition.

Alexander M. Gregory and **Hannah K. Laws** of Great Falls have been named to the fall semester Dean's list at Radford University. Gregory, son of Mr. and Mrs. Andrew M. Gregory of 10918 Woodland Falls, is a senior marketing major. Laws is the daughter of Mr. and Mrs. Robert Lee Laws and is a sophomore recreation, parks and tourism major. To be named to the Dean's list, a student must have taken 15 or more credit hours and have a grade point average of 3.4 or above with no grade below a C.

Oakcrest School seniors **Kathleen Ouyang**, **Grace Tatlonghari** and **Mollie Kelly** attended the Howard Hughes Medical Institute Holiday Lecture with Nobel Prize winner Eric Kandel, M.D., and Thomas Jessell, Ph.D. "Making of Your Mind: Molecules, Motion, and Memory" was a two-day conference for students inclined towards medical or science careers. The

conference was divided into four lectures as well as question and answer sessions. The first lecture described the history of brain research, the second covered cell differentiation, the third explained brain functions, and the fourth described memory. Ouyang intends to pursue the humanities while maintaining her interest in science. Tatlonghari hopes to pursue a career in forensic science. Kelly plans to enter the field of medicine as a pediatric oncologist with a specialization in genetics.

Marine Corps 2nd Lt. Brian C. Jones, son of Michelle B. Krockner of Oakton and Michael R. Jones of McLean, has received his commission as an officer in the Marine Corps after completing Officer Candidate School (OCS) in Quantico. Jones is a 2004 graduate of St. Johns College High School of Washington, D. C., and is a 2008 graduate of University of Alabama - Tuscaloosa with a BA degree.

Kelsey Dunn of McLean has graduated with a bachelor of science degree in business administration from Coastal Carolina University in Myrtle Beach, S.C.

Green Hedges School, 415 Windover Ave. N.W., Vienna, will celebrate International Day, a long-standing school tradition, Friday, **Jan. 30**, 8:30 a.m.-3 p.m. The day is focused on promoting the children's vision of peace, where all faiths and cultures respect and understand one another. Vienna Mayor M. Jane Seeman

will attend. Schedule of events:
8:30 a.m., Peace Tree Movie and discussion
10:15 a.m., Assembly.
11:15 a.m., Parade of Nations.
11:45 a.m., Peace Tree Ceremony.
12 p.m., Cultural foods, games and art projects
1:15 p.m., Coleman McCarthy speaks to grades 5 - 8.
2:15 p.m., Cultural assembly featuring Indian Dance

Friends of Vale Schoolhouse, 3124 Fox Mill Road, Oakton, is holding their next meeting Tuesday, **Feb. 10** at 7 p.m. Visitors and prospective new members are welcome. Visit www.valeschoolhouse.org.

James Madison High School is producing a set of eight student-directed one-act plays, nicknamed "**bite-sized plays.**" These plays, eight in all, are completely produced, directed and acted by students, with minimal-to-no involvement by the adult supporters of the program. The plays run **Feb. 5-7**, with four plays running on the nights of the 5th and 7th at 7 p.m. and four other plays running at 7 p.m. on the 6th and at 2:30 p.m. on Saturday the 7th. \$5 for all shows.

A Laura Rose Magilo of McLean was named to the University of Wisconsin-Madison's Dean's List for the fall semester in the 2008-2009 academic year. Magilo is currently in the College of Letters and Science.

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McLean

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Vienna

2665 Manhattan Pl #02/103.....\$399,500.....Sun (2/8) 1-4.....Matthew Ryan.....RE/MAX.....571-276-3606
207 Elmar Dr SE.....\$679,000.....Sun 1-4.....Anne Santarone.....McEneaney.....703-623-7815
9352 Robnel Pl.....\$680,000.....Sun 1-4.....Donna Henshaw.....Avery Hess.....703-801-9000
2532 Oak Valley Dr.....\$724,000.....Sun 1-4.....Cynthia Hornbaker.....Long & Foster.....703-938-4200
8657 Poplar Glen Ct.....\$789,450.....Sun (2/15) 1-4.....Michelle Ouellet.....Weichert.....703-893-2510
1320 Schuman Ct.....\$795,000.....Sun 1-4.....Casey Samson.....Samson.....703-508-2535

To add your Realtor represented Open House to these weekly listings, please contact:

In Great Falls, Salome, 703-917-6467, or salome@connectionnewspapers.com

In Vienna, Don, 703-917-6466, or donpark@connectionnewspapers.com

In McLean, Lauri, 703-917-6460, or lauri@connectionnewspapers.com

NEWS

Joyful Path to Recovery

FROM PAGE 4

who wants something for us, really more than we want for ourselves sometimes.”

Brian agreed. “If I had written on a note card what I wanted from sobriety, I would have sold myself short,” he said. The realization that “your purpose is being where God wants you to be when He wants you to be there” took him from sleeping on a park bench in Reston at the age of 29 to living in a \$2 million house in Great Falls and preparing for his upcoming marriage two and a half years later. “Without knowing that what you do directly impacts everyone around you, it’s like, ‘What’s the point? I might as well stay in this fog and wait to die,’” he said.

Celebrate Recovery is held at the church every Wednesday night,

with a 45-minute worship service followed by small group discussions and anyone is welcome to attend the service and/or the discussion, Childress said. Group discussions are broken down by gender, with Childress facilitating the women’s group and a male minister leading the men.

To lead Celebrate Recovery worship services in prayer and song, the church hired a minister, Shonda Nicole Gladden, who Childress knew from her days as a pastor at Mount Olivet United Methodist Church in Arlington.

Brian said the liveliness of the services was what distinguished Celebrate Recovery at Great Falls United Methodist from a similar faith-based recovery program he had attended at another church in the area. “If there’s no joy in your life, what’s the point?” he asked.

FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to greatfalls@connectionnewspapers.com. Deadline is Friday.

Great Falls United Methodist Church is at 10100 Georgetown Pike, Great Falls. 703-759-3705.

◆ **All Things New**, an ecumenical worship service every

Wednesday at 6 p.m. Based on the Beatitudes of Jesus, for people affected by anger, fear, stress, dealing with rejection, credit abuse, drug/alcohol abuse, physical/sexual addiction or eating disorders.

A **staged reading** of Archibald MacLeish’s Pulitzer prize-winning play “**JB: A Play in Verse**” will be performed at the Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton, Sunday, **Feb. 8**, 4 p.m. The play translates the Book of Job into the modern day story of JB. A discussion will follow the performance, which is free and open to the public. Call the UUCF office at 703-281-4230, or see Special Events, www.uucf.org.

A **BlankDay of Prayer** on “With the Dawn Rejoicing: A Christian Perspective on Pain and Joy” will be held Monday, **Feb. 9** at the Dominican Retreat, 7103 Old Dominion Drive, McLean. Call 703-356-4243 or visit www.dominicanretreat.org.

McLean Women’s Bible Study Thursday Bible Study, at 9:15 a.m. The Book of Proverbs will be the focus for the next 12 weeks. All are welcome. Contact Martha Wiles at 703-448-2020 or MarthaWiles@msn.com.

Vajrayogini Buddhist Center offers ongoing classes on meditation and Buddhist philosophy, Mondays at 7 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. \$10 per class. 202-331-2122 or www.meditation-dc.org.

The Unitarian Universalist Congregation of Fairfax, at 2709 Hunter Mill Road, Oakton, 60-voice adult choir, welcomes new members any time and meets Thursdays, 7:15 p.m. The Circle of Music Makers meets the first Monday of the month, for those who can share a vocal or instrumental solo. Contact Judy Harrison at 703-281-4230, ext. 26, or jharrison@uucf.org. Joint Activities in Music at Sunrise is for preschoolers, kindergarteners, parents and residents of Hunter Mill Sunrise Assisted Living Center, on Wednesdays, 1-1:30 p.m. Contact Marsha Giusti at 703-425-1902 or giustim@juno.com.

McLean Bible Church Fitness Class at Body & Soul fitness. Balance is key, energy is renewed, strength is gained, and friendships are formed. Mondays 9:15 a.m. and Fridays 9:45 a.m. Childcare is free for registered students. E-mail bodyandsoul@mcleanbible.org for more information.

A **Centering Prayer Group** meets Fridays, 9:30 a.m. at Andrew Chapel United Methodist Church, 1301 Trap Road, Vienna. The hour includes a brief reading related to Centering Prayer, followed by a 20-minute prayer period. E-mail Martha Thomas at mmthomas211@hotmail.com or call the church at 703-759-3509.

St. John’s Episcopal Church supports over twenty outreach ministries, including SHARE, Habitat for Humanity, Martha’s Table, and the Gen. Colin L. Powell Leadership Club at Macfarland Middle School in Washington D.C. Services at 7:45 a.m., 9 a.m., 11:15 a.m. and 7:30 p.m. St. John’s Episcopal Church, 6715 Georgetown Pike, McLean. 703-356-4902 or www.stjohnsmclean.org.

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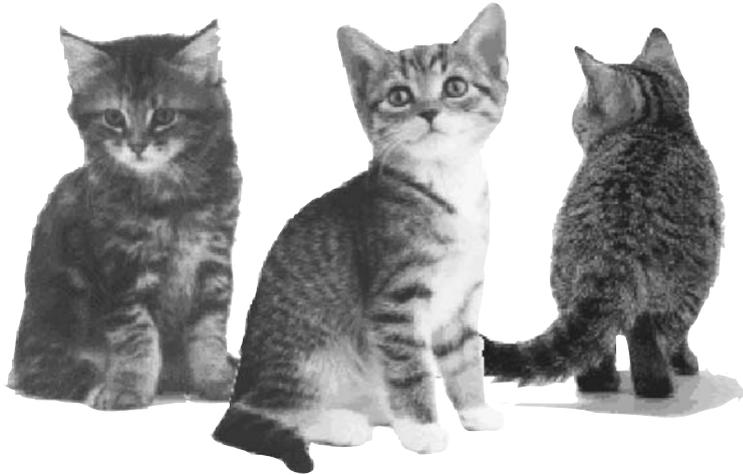
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CALENDAR

Send announcements to greatfalls@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com



A Kitten and Cat Adoption Extravaganza will be held at the Dolley Madison Library, on Saturday, Jan. 31, sponsored by Commonwealth Cat Rescue, Inc.

WEDNESDAY/JAN. 28

Sing Along with Miss Belle, 10:30 a.m. Songs and hugs with Miss Belle. All ages. Great Falls Library, 9830 Georgetown Pike, Great Falls. 703-757-8560

Clergy Abuse Peer Support Group, 7-8:30 p.m., Tysons-Pimmit Hills Regional Library, 7684 Leesburg Pike, Falls Church. The monthly peer support group for survivors of clergy abuse and others affected by the abuse meets on the last Wednesday of every month. Free. Confidential. No registration required. Contact Ellen Radday at 703-538-6128.

THURSDAY/JAN. 29

Sonny Landreth, slide guitarist. 8 p.m. at The Barns. Tickets \$24. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

Mothers First Potty Training Lecture, 7:30 p.m. at the Reston Regional Library, 11925 Bowman Towne Drive, Reston. Free Admission. Potty Training Lecture by Donna Pence, Nurse Practitioner. 703-242-0195.

FRIDAY/JAN. 30

Miró Quartet. 8 p.m. Chamber Music at The Barns. Tickets \$35. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

Paul Green School of Rock, at

Jammin' Java, 227 Maple Ave. East, Vienna. 703-255-1566 or www.jamminjava.com.

❖ The Greatest Hits of the Who, 6 p.m.

❖ Pink Floyd's The Wall, 7 p.m.

The Blackjacks and U.S. Royalty.

Rock. 9 p.m. \$10 advance/ \$12 at the door. Jammin' Java, 227 Maple Ave. N.E., Vienna. 703-255-1566 or www.jamminjava.com.

Vagina Monologues. 8 p.m.,

Unitarian Universalist Congregation, 2709 Hunter Mill Road, Oakton.

Unitarian Universalist Congregation of Fairfax presents a production of Eve Ensler's "The Vagina Monologues." Tickets are available by mail in advance (\$15) or (\$20) at the door. Call 703-281-4230 or visit www.uucf.org. All proceeds benefit Artemis House and the Virginia Sexual and Domestic Violence Action Alliance.

Kitten and Cat Adoption Extravaganza, 11 a.m.-5 p.m. at the Dolley Madison Library, 1244 Oak Ridge Ave., McLean. All of the cats and kittens are fully socialized, vaccinated and de-wormed. All of the kittens and cats can be selected on the adoption site, and many may be able to be taken home the same day. Chris C. Haslam, Commonwealth Cat Rescue, Inc. 703-568-3600.

SATURDAY/JAN. 31

John Eaton. 7:30 p.m. Classic songs at The Barns. Tickets \$25. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

Paul Green School of Rock, at Jammin' Java, 227 Maple Ave. East, Vienna. 703-255-1566 or www.jamminjava.com.

❖ The Greatest Hits of the Who, 6 p.m.

❖ Pink Floyd's The Wall, 7 p.m.

Kitten and Cat Adoption Extravaganza, 11 a.m.-5 p.m. at the Dolley Madison Library, 1244 Oak Ridge Ave., McLean. All of the cats and kittens are fully socialized, vaccinated and de-wormed. All of the kittens and cats can be selected on the adoption site, and many may be able to be taken home the same day. Chris C. Haslam, Commonwealth Cat Rescue, Inc. 703-568-3600.

An Evening with Face the Fish and Stepanian. Americana/rock/blues. 9 p.m. \$8 advance, \$10 at the door. Jammin' Java, 227 Maple Ave. N.E., Vienna. 703-255-1566 or www.jamminjava.com.

Philadelphia Dance Company, 8 p.m. at George Mason University's Center for the Arts, on the Fairfax campus of George Mason University at the intersection of Braddock Road and Route 123. Free pre-performance discussion begins at 7:15 p.m. on the Center's Grand Tier III. Tickets \$21-\$42, age 12 and under half price. Charge by phone at 888-945-2468 or at www.tickets.com. www.gmu.edu/cfa.

Vagina Monologues. 8 p.m., Unitarian Universalist Congregation, 2709 Hunter Mill Road, Oakton. Unitarian Universalist Congregation of Fairfax presents a production of Eve Ensler's "The Vagina Monologues." Tickets are available by mail in advance (\$15) or (\$20) at the door. Call 703-281-4230 or visit www.uucf.org. All proceeds benefit Artemis House and the Virginia Sexual and Domestic Violence Action Alliance.

The Odyssey, 7:30 p.m., Great Falls Grange, 9812 Georgetown Pike, Great Falls. Local students will perform a musical drama based on Homer's "The Odyssey." Tickets: \$15/adults, \$10/ages 1-18. Reserve seats by e-mailing Patricia Budwig at starshinetheater@aol.com.

SUNDAY/FEB. 1

"An Empty Plate in Café du Grand Boeuf" at the Vienna Community Center, 120 Cherry St., S.E. Vienna. 2 p.m. \$10 adults, \$9 for students and seniors. 703-255-6360 or www.viennava.gov.

National Symphony Orchestra Ensemble at the Alden Theatre at the McLean Community Center, 1234 Ingleside Ave., McLean at 3 p.m. Free. **Celtic Concerts**, 4,6, and 8 p.m., The Old Brogue Irish Pub, 760-C Walker Road, Great Falls. Pavilion 3 will play Celtic, Belgian and French music. \$15/ticket. Call 703-759-3309.

MONDAY/FEB. 2

Open Mic Night with Ron Goad. 7 p.m. \$2. Jammin' Java, 227 Maple Ave. N.E., Vienna. 703-255-1566 or www.jamminjava.com.

Learn Languages with Jabberu, 10:30 a.m. Introduce a foreign language to your toddler. Great Falls Library, 9830 Georgetown Pike, Great Falls. 703-757-8560.

Used Book Sale. Dolley Madison Library, 1244 Oak Ridge Ave., McLean. The book sale will run through Saturday, Feb. 28. Call 703-356-0770.

TUESDAY/FEB. 3

The Guggenheim Grotto. Acoustic. 8 p.m. \$12. Jammin' Java, 227 Maple Ave. N.E., Vienna. 703-255-1566 or www.jamminjava.com.

WEDNESDAY/FEB. 4

Sonya Kitchell, "Burn Brightly" and Residency. Acoustic/indie. 8 p.m. \$10. Jammin' Java, 227 Maple Ave. N.E., Vienna. 703-255-1566 or www.jamminjava.com.

Great Falls Friends, 8 a.m., Great Falls Library, 9830 Georgetown Pike, Great Falls. Join the Great Falls Friends for their February Meeting for a light breakfast, networking and Guest Speaker Karen Washburn. Call Candace at 703-759-0375.

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St. Mark's Catholic Church ... 703-281-9100 | Disciples of Christ
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Langley Boys, McLean Girls Earn Cup

It's another big night of crosstown rivalry basketball

BY NICK CAFFERKY
THE CONNECTION

Every time McLean and Langley high schools meet in boys and girls basketball, they are huge games. Last Friday night, in a girls-boys doubleheader played at Langley, the stakes were particularly big because the local teams, along with playing for pride, were playing for the coveted Rotary Cup trophy.

Earning the hardware Friday were the night's two winners — the McLean girls, who won their game 32-24, and the Langley boys, who defeated their local rivals, 43-28.

As always, the night's doubleheader opened up with the girls game. Langley got off to the fast start and took a 13-4 lead into the second quarter. However, that would be the end of their offensive success as the Saxons failed to score again until the third quarter.

In the second quarter when the Lady Saxons went scoreless, McLean took advantage and cut Langley's lead to 13-11 at the half. But that wouldn't be the end of the McLean run. By the three-minute mark of the third period, the Highlanders had surged to a 20-13 lead that would not be lost.

McLean used its inside presence to dominate, especially late in the game. Langley tried to put together a late run, but McLean held on and defeated the Saxons for the second time this season.

Highlander junior forward Melissa Wilson led her team in scoring with 13 points.

"We didn't get off to the start that we did last time, so it was a little more challenging, but our defense really kept us in the game," said McLean coach Mike O'Brien, who earlier this season saw his team fall behind early before coming back to beat the



Thomas Kody (22) and the Langley boys defeated McLean for the second time this season.

Saxons. "It kept us within striking distance and we kept chipping away at their lead in the first half."

Before this loss, Langley had been on fire,

winning five of six with a district record of 5-2. However, after this loss, the Highlanders seem to have Langley's number after having beaten them twice this season.

"We just seemed to get hyped up for these games. It's a great atmosphere to be in and the kids always come to play hard," Coach O'Brien said.

FOLLOWING THE GIRLS game, it was time for the boys to take the floor. Since the Rotary Cup trophy became an annual award, the Langley boys have claimed it every year. And the Saxons held possession of the prize on this night.

Unlike the first time these teams met up, when Langley started the game on an 11-2 run on way to a win, neither team jumped out to a quick lead on Friday. It was Langley, though, that slowly crept out to a 9-4 lead at the end of the first quarter. At half-time, the score was just 19-14 and it was obvious that this was going to be another defensive struggle.

After halftime though, Langley woke up with senior guard Derek Baker leading the way. Baker scored 11 of his game-high 16 points in the second half, including three of his four 3-pointers to keep the Saxons out of McLean's reach. Langley outscored the Highlanders 24-14 in the second half to win 43-28 and finish the sweep of McLean and keep the Rotary Cup.

"This is always a big game for us," Baker said. "It's always a challenge, but lately we've been able to execute really well against them and that's what it all comes down to."

It was the third straight district win for Langley and improved its district record to 4-4. After losing four district games in a row, this run has gotten the Saxons back in contention for another title.

"Coach [Travis] Hess has always pushed for us to work hard in practice and I think we've started to buy into it and that has helped in our success lately," Baker said.

While the Highlanders continue to struggle in the district (1-7), the one bright spot of the night was freshman guard Gordon Rogo, who led his team with a season-high seven points. Rogo, who has not scored more than four points a game, got significant playing time and was the primary producer of a stagnant offense.

SPORTS ROUNDUPS

The Fairfax County **Football Hall of Fame** will hold its 18th Annual Banquet Sunday, March 1, at the McLean Hilton Hotel, 7920 Jones Branch Drive, McLean, located near the Tysons II Mall. Festivities will begin with a social gathering at 2:30 p.m. and dinner at 4 p.m. An awards ceremony will follow, honoring local youth and high-school players, coaches, officials and cheerleaders, along with other guests and the new Hall of Fame inductees. For general information, call Mark Meana at 703-281-0153 or go to Santrak@aol.com.

For ticket information, contact Betty Powell at bpowe1@AOL.com or 703-273-3216.

This year's Class of 2009 Hall of Fame Inductees includes Eddie Royal, former Westfield High and Virginia Tech star,

and current member of the Denver Broncos; Mike Skinner, former Marshall and Centreville High football coach; and John Schaffstall of the Braddock Road Youth Club.

The following high-school football individuals will be among those recognized at the awards banquet Mike Olsen of Stone Bridge High (Liberty District Player of the Year); Jack Tyler of Oakton High (Concorde District Player of the Year); Jovan Smith of Flint Hill (Private School Player of the Year); Mickey Thompson of Stone Bridge High (Division 5 Coach of the Year); and Joe Thompson of Oakton (Division VI Coach of the Year).

The following will be among those recognized as "Youth Football Players of the Year": Ashton Nyanteh (75-pound American Division) of McLean Youth Incorporated; Donny Sanders (85

National) of McLean Youth; Patrick McMahon (110 American) of Vienna Youth Incorporated; and Kyle Savage (125 Central) of Reston Youth Football.

Youth Football Coaches of the Year will include Brian Monticue (Central Division) of Vienna Youth; and Doug Kleinsmith (National Division) of Dulles South Youth Sports. Youth Cheerleaders of the Year will include Kyannah Calhoun (Herndon Optimist Club) and Kaylyn Macaluso (Reston Youth Football).

In **high-school swim** action last week, the McLean High teams went up against W.T. Woodson. On the boys side, Woodson defeated McLean, 188-127. On the girls side, Woodson won by a close 161-153 score. For the McLean boys, Charlie Putnam took first place in two individual events, the 100 back and

the 200 IM. Also, Andrew Cole took first place in the 100 free. For the McLean girls, Eva Greene was first in both the 200 and 500 free races.

Also for the Highlanders, Ellie Springsteen won the 100 breaststroke and Alex Yensen won both the 200 medley and 100 back races.

McLean High split a pair of Liberty District girls basketball games last week. Coach Mike O'Brien's Highlanders, as a result, were 10-6 overall and 5-3 in district play going into this week. On Jan. 20, McLean lost to district leading South Lakes, 48-41, in a home game. But the Highlanders came back strong three days later with a 32-24 win at district foe Langley. Langley got off to a fast start and led 13-4 after the first quarter. McLean picked up the pace at the defen-

sive end to draw within 13-11 at half-time. McLean took the lead in the third quarter and pulled away for the crosstown rival win. McLean's Melissa Wilson led the Highlanders with 13 points. Also for McLean, Caitly Flint scored six points, Andy Romness had four, and Taylor Ancell, Caitlin Baker and Patricia Pascoe each had three. Sophomore Audrey Dotson led the Saxons with six points.

In **private school swimming**, the Flint Hill boys took first place in a tri-meet against Edmund Burke school and Bullis. On the girls side, Bullis finished ahead of second-place Flint Hill and third-place Edmund Burke.

Double event winners for Flint Hill included Jenna Jacoby, Jessica Spiegel and Chan Park. Single event winners were Nick Waters and Brian DeMocker.

EMPLOYMENT

703-917-6464

ZONE 6 AD DEADLINE:
TUESDAY 11 A.M.

Buy Low, Drive High



By KENNETH B. LOURIE

I did something with my wife, Dina, the other day that I haven't done in a very long time. I filled up her car with gasoline for under \$25, and that's with the reserve fuel light on! Meaning her car wasn't merely low on gas, it was be-low, with very few miles to spare before low was empty and the side of the road was in our sites. A sight that, due to the reduction in the price of a gallon of gasoline (regular was \$1.79 at my local service station this morning), I won't be seeing anytime soon since I can afford to buy before the fuel light illuminates.

However, if I am to stop — and then write — outside my own selfish joy, I suppose I must be concerned about why the price of gasoline is so low; concerned that business is so challenged, shall we say, nation and worldwide; worried that unemployment is increasing, nation and worldwide; and understanding that the declining consumption of fossil fuels are all less than encouraging signs. Signs that the economic bottom has still not been reached and that consumers can't even tolerate the current price (presuming of course, that if the oil companies could charge more and still sell more, they would). I guess, if I understand correctly, if I was paying more, it would be because consumers/businesses are consuming more (and presumably can afford to pay more) and consuming more means the economy is growing and the price would likely increase to reflect the increasing demand (Capitalism at work). And increased demand is a good thing, right?

The cumulative effect for me though, at this moment in time, seems to be new-found money. Money that is now available after gassing and heating up that only a few short months ago was not available. This change gives me more money to spend, but not money to spend on necessities, rather money to spend on "discretionaries." And the more money consumers have to spend on "discretionaries," the more money is spread around and it's that spreading around that makes the world go 'round (at least in my house).

Still, I can't hide my glee at the notion of cheap — relatively and comparatively — gasoline even though intellectually I have come to understand that if "things" weren't so bad economically-speaking, gasoline and to a lesser financial degree, home heating oil, wouldn't have to be so low in order to find buyers for the oil from which these products are refined.

Nevertheless, as bad as those "things" are, I can't imagine how much worse it would be for consumers if the price of gasoline and/or home heating oil were to return anywhere near their '08 peak. But I suppose that couldn't happen unless there were actual buyers increasing their demand which, with a slowing, maybe even contracting world economy, there simply doesn't appear to be. As such, since many consumers/businesses can't afford the price of gasoline/home heating oil at its present level, it seems unlikely to rise appreciably so I suppose I can keep smiling, especially so if I still have a job.

However, if something dramatic were to happen to the supply, then that would be another story, literally, and probably another column or two as well.

Kenny Lourie is an Advertising Representative for The Almanac & The Connector Newspapers.

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Counselor (Position FA292)
Student Services, Woodbridge Campus.
Full-time, 12 month faculty position; Starting salary range: \$60,161-\$64,069 + benefits
Position will provide general academic and career counseling to current and prospective students, including program and course selection, transfer planning, new student orientation, high school outreach and career planning. Master's degree in counseling or related with a minimum of 18 graduate semester hours in counseling required. Experience counseling at college/university level and with program development desired. Fluency in Spanish a plus. Some evening and weekend hours required.
For more information about Northern Virginia Community College and to apply, visit our website at www.nvcc.edu and choose the link for "Jobs at NOVA." Positions will remain open until filled.
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21 Announcements 21 Announcements 21 Announcements 21 Announcements

TRUSTEE'S SALE

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1735 Fairfax Drive #2, Arlington, Virginia

In execution of a Deed of Trust from Jairo O. Solano and Lina V. Rincon, dated August 10, 2007, and recorded August 20, 2007, in Deed Book 4127 at page 2597 among the Land Records of Arlington County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Arlington County, at 1425 N. Courthouse Road, Arlington, Virginia, on

Monday, February 2, 2009 at 9:00 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Unit 2, Fairfax North Arms Condominium, in accordance with the declaration and exhibits attached thereto recorded in Deed Book 4120 at page 334, among the Land Records of Arlington County, Virginia.

Commonly known as 1735 Fairfax Drive #2, Arlington, Virginia 22209.

TERMS OF SALE: A deposit of \$40,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 6.50 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

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Obituary



WALTER RUDOLPH WENK SR.

Col. Walter R. Wenk Sr. USAF, 89 died at Wuestoff Hospital, Melbourne, Florida on Sunday, November 16, 2008, with his family by his side.

Col. Wenk, A graduate of Texas A & M, enlisted in the military on November 25, 1940 and was commissioned a 2nd Lt and assigned to the 22nd Bombardment Group flying Martin B-26 aircraft.

During World War II, he served as a bomber pilot in the southwest Pacific Combat Theater. Col. Wenk has three tours of duty at the Pentagon, as well as stations in Wiesbaden, Germany, Wright-Patterson AFB, Patrick AFB and the Air War College in Montgomery Alabama. He retired from the Air Force in 1968 after 28 years of service to his country.

Col. Wenk was predeceased by his first wife, Beatrice Giraud, a daughter, Jean Marie Wenk, and his sister, Eleanor Wenk Welsh.

Col. Wenk is survived by his wife, Helen Puzak Wenk Melbourne, FL; son, Walter Jr. and his wife, Mary Kay, of Arlington, VA; son John David of Leesburg, VA; four grandsons, Dr. Scott Wenk or Orlando, FL, Kevin Wenk of New York City, Matthew and Andrew Wenk of Irving, Texas; and his niece, Karen Klusendorf of Chicago, Illinois.

A memorial service will be held at Ft Myer Chapel with full military honors on Friday, February 6th at 10:45am.

In lieu of flowers, donations may be made to the Juvenile Diabetes Association.

Arrangements were made by South Brevard Funeral Home, Melbourne, FL. Sign the family guestbook at www.afuneral.com 1-800-329-2232

21 Announcements 21 Announcements

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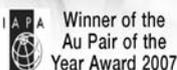
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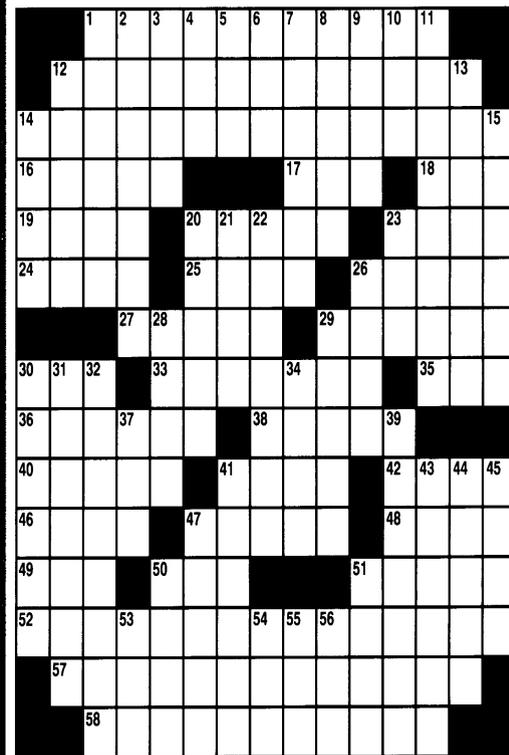
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NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0416-6



Puzzle by John Wolting

ACROSS

- 1 Court systems
- 12 Bailed out, in a manner of speaking
- 14 Principle of economy
- 16 Individual shares
- 17 It may be red or black
- 18 Salutory site
- 19 Move
- 20 Influences
- 23 Otter and others
- 24 In bridge, the player on the dealer's right
- 25 Fuse sound
- 26 Depth charge target
- 27 Cow
- 29 Like the Godhead
- 30 14-Across, e.g.
- 33 Hit, as a Texas leaguer
- 35 Early Plains building material
- 36 Bonds after splitting
- 38 Amass
- 40 Scrub
- 41 Engender

- 42 Top-selling pop group of the 70's
- 46 Tanning need
- 47 Works with visual effects
- 48 Park place?
- 49 Singer DiFranco
- 50 Flight datum: Abbr.
- 51 Like some statistics
- 52 Become livid
- 57 Commit oneself, in a way
- 58 Leads

DOWN

- 1 Like a news bulletin
- 2 Pronounced
- 3 Buck passers?
- 4 Motor
- 5 Capt. of industry
- 6 Left end?
- 7 1990's Coca-Cola slogan
- 8 Some stallions
- 9 Has no life
- 10 Mass. setting
- 11 Deeply felt
- 12 Poetic chapter

- 31 White elephants, e.g.
- 32 Stork with a featherless head
- 34 Persian output
- 37 Grand — ("Evangeline" setting)
- 39 Untroubled
- 41 Track event
- 43 Lighter fill
- 44 Uncomfortable neckwear
- 45 Not impotent
- 47 Two-tone treats
- 50 Great—
- 51 Curtainlike partitions, biologically
- 53 T-shirt size: Abbr.
- 54 Highest
- 55 Café alternative
- 56 Like some cats

ANSWER TO PREVIOUS PUZZLE

D	I	S	C	S	D	R	O	S	S	I	M	P		
O	N	E	U	P	D	E	P	O	T	N	O	R		
S	C	A	R	L	E	T	F	A	C	E	D	O	E	
T	A	T	T	E	D	S	L	I	P	P	E	R	Y	
R	O	U	N	D	T	R	I	P	L	E	T			
A	R	P	I	S	A	L	L	R	E	P	O			
S	C	O	L	D	V	E	E	N	I	X	E	D		
P	A	N	E		E	N	A	T	E	I	T	O		
S	T	O	G	I	E		S	I	T	E				
T	O	M	O	R	R	O	W	G	R	I	E	G	S	
U	T	A		B	A	K	E	D	H	A	M	L	E	T
D	U	H		A	T	R	I	A		L	A	I	N	E
S	P	A		G	E	A	R	S		S	N	E	E	R

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The winner of puzzle #0415-6 is:

Frank Weinstein

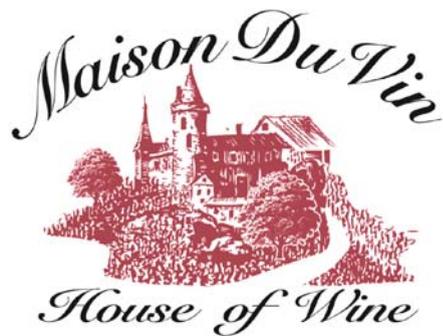
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